

## Prodrugs and Soft Drugs

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## Prodrugs, Soft Drugs and Targeted Drugs

**Prodrugs** are inactive (less active) drug analogs with better pharmacokinetic properties (e.g. oral bioavailability, BBB penetration).

**Soft drugs (antedrugs)** are drugs that are readily degraded to inactive analogs, e.g. to prevent or reduce systemic activity.

**Targeted drugs** are drugs or prodrugs which exert their biological action only in certain cells or organs (e.g. omeprazole, aciclovir).

## Why Prodrugs ?

**Drug is not (sufficiently) bioavailable**  
(most prodrug concepts)

**Drug does not permeate the blood-brain barrier**  
(dopamine, GABA)

**Drug has poor properties (solubility, taste)**

**Drug has no (sufficient) chemical stability**  
(active principles of acetylsalicylic acid,  
isoniazid, omeprazole, clopidogrel)

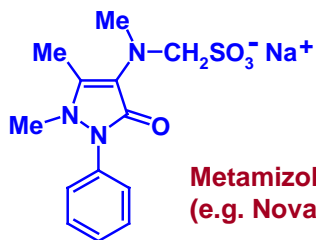
**Drug has no (sufficient) organ or cell specificity**  
(sulfamethoxazole, capecitabine, aciclovir)

## Introduction

<b>L</b>	<b>Liberation</b>
<b>A</b>	<b>Absorption</b>
<b>D</b>	<b>Distribution</b>
<b>M</b>	<b>Metabolism</b>
<b>E</b>	<b>Elimination</b>
<b>T</b>	<b>Toxicity</b>

## Reasons for Clinical Failure

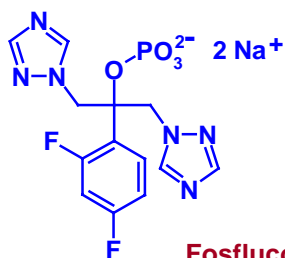
## Liberation: Better Soluble Drug Derivatives



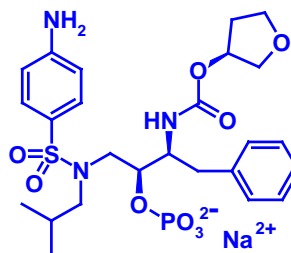
Metamizole  
(e.g. Novalgin®)



Fosphenytoin

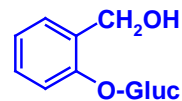


Fosfluconazole



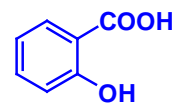
Fosamprenavir

## The Doctrine of Signatures: „Nature helps Mankind“



salicin ,  
a pro-drug

↓ hydrolysis,  
oxidation

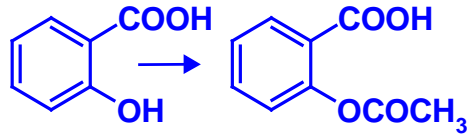


salicylic acid

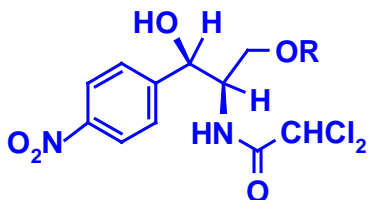
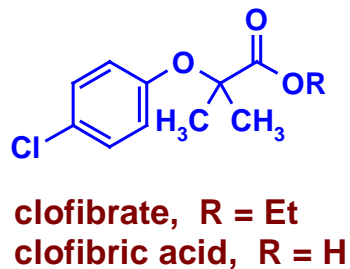
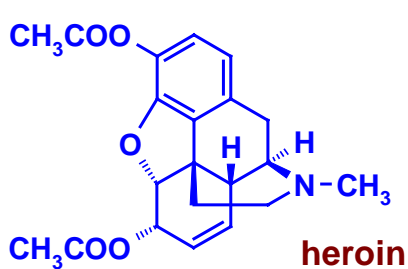
Willow tree – Roots in Water – Feet in Water - Common Cold



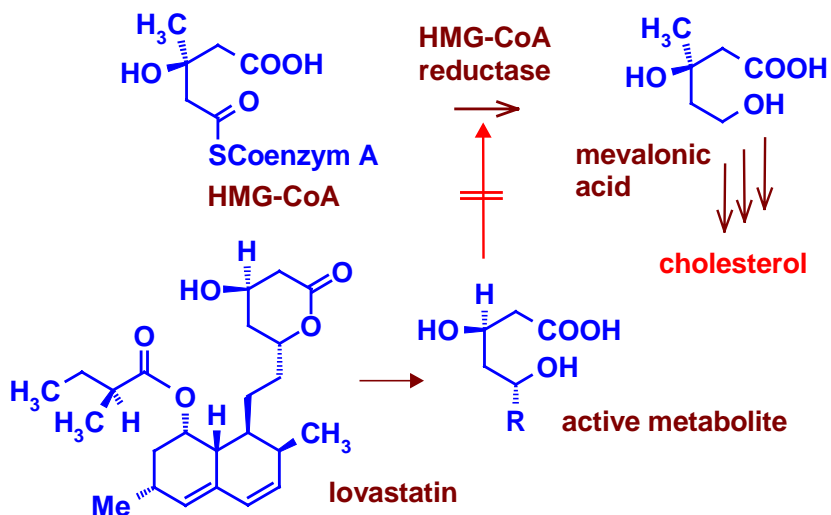
## Aspirin<sup>®</sup>, a Prodrug? (Felix Hoffmann, 1897)



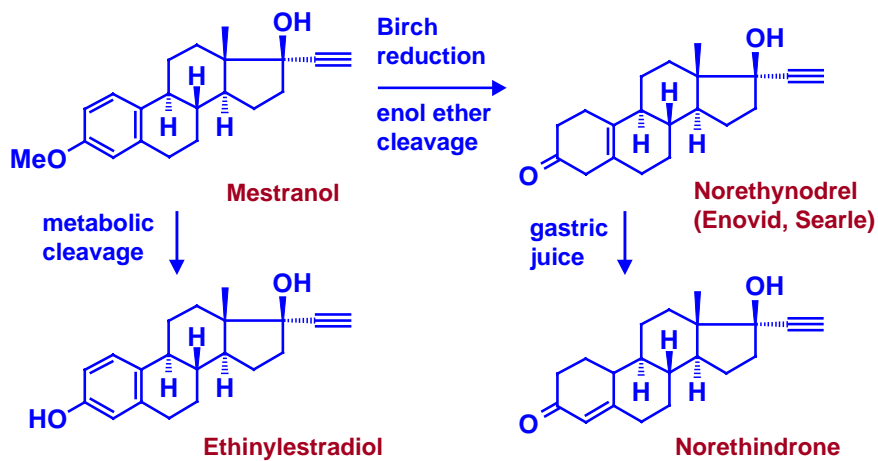
## Prodrugs: Esters



## Prodrugs: Lactones

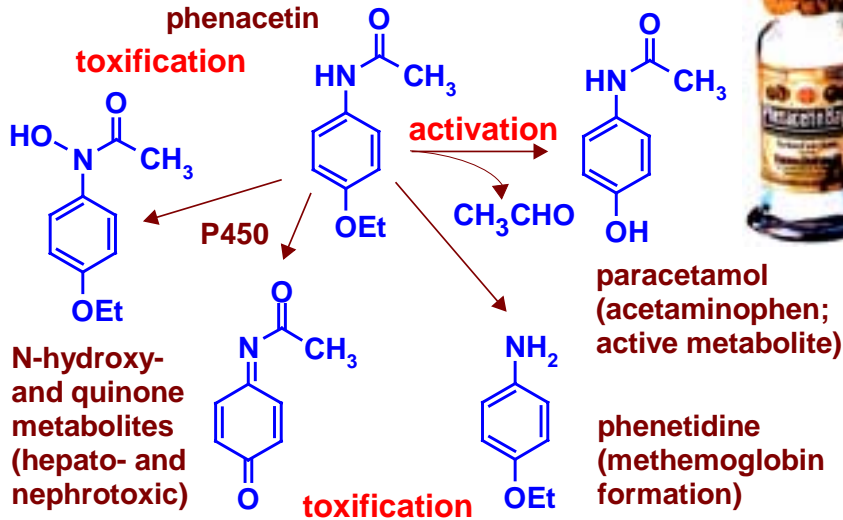


## The Serendipitous Discovery of the Pill

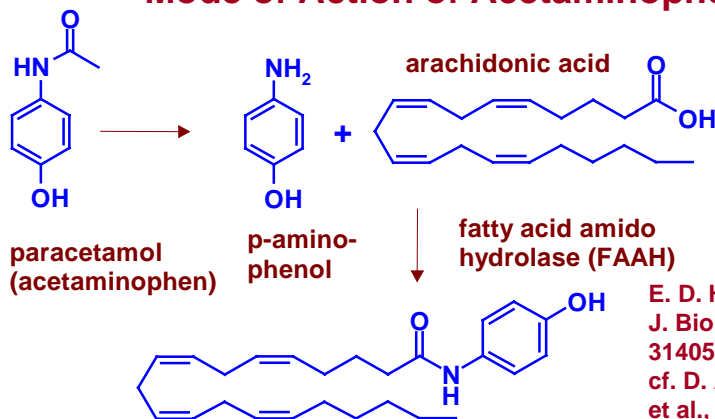


Source: J. Sutcliffe and N. Duin, *A History of Medicine*, Barnes & Noble Books, New York, 1992, p. 149; W. Sneader, *Drug Prototypes and their Expolitation*, Wiley, Chichester, 1996, p. 313 and 330-331

## Phenacetin, a Pro-Prodrug



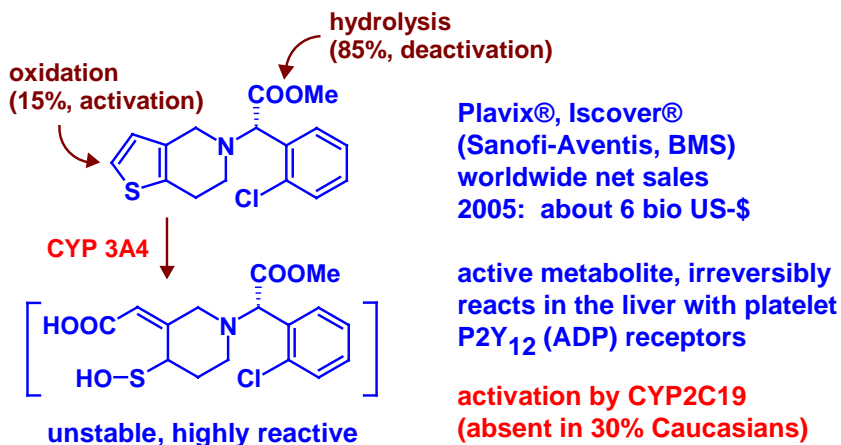
## Mode of Action of Acetaminophen



E. D. Högestätt et al.,  
J. Biol. Chem. **280**,  
31405-31412 (2005);  
cf. D. A. Andersson  
et al., Nat. Commun.  
2011 Nov 22;**2**:551

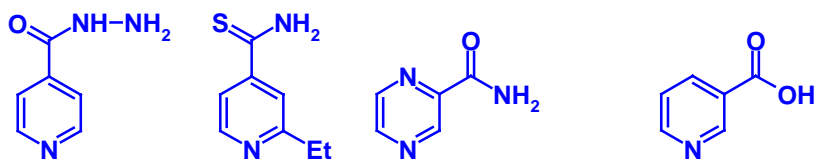
**N-arachidonoyl phenolamine**, a potent TRPV1 (transient receptor potential vanilloid 1, vanilloid receptor) agonist,  $pEC_{50} = 7.80$  (about 16 nM), binds also to the cannabinoid CB<sub>1</sub> receptor and inhibits cellular anandamide uptake.

## Clopidogrel, Mode of Action

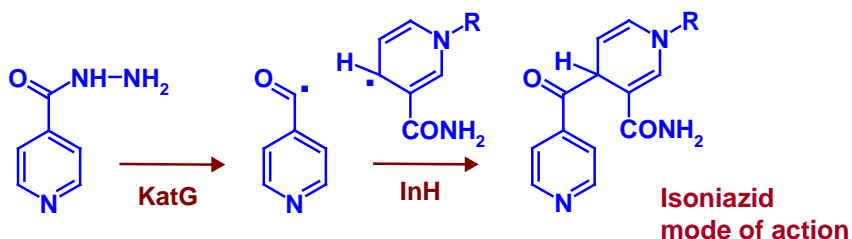


J.-M. Pereillo et al., *Drug Metab. Dispos.* **30**, 1288-1295 (2002);  
E. J. Topol, *Nature Rev. Drug Discov.* **8**, 259 (2009);  
cf. P. M. Dansette et al., *Chem. Res. Toxicol.* **22**, 369-373 (2009)

## Mode of Action of Isoniazid

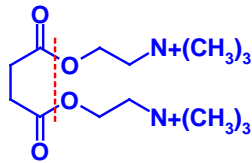


**Isoniazid** and its analogs  
considered to be prodrugs of antimetabolites of nicotinic acid

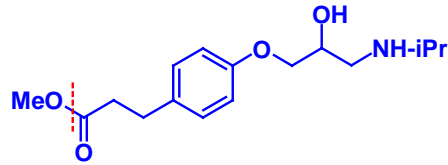


Z. Ma et al., *Comprehensive Med. Chem II*, Vol. 7, pp. 699-730 (2007)

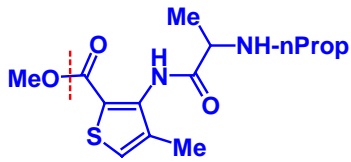
## Soft Drugs: Metabolically Labile Esters



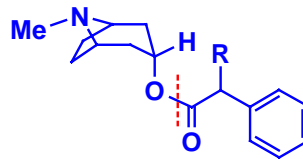
Succinylcholine, an acetylcholine analog; ester cleavage produces inactive choline



Esmolol, a soft  $\beta$ -blocker; ester cleavage produces weakly active acid



Articaine, a soft local anesthetic



R = CH<sub>2</sub>OH Atropin  
R = COOR ester bioisoster,  
cleavage yields inactive acid

## Organ- and Cell-Specific Drug Delivery

### Organ Specificity, mediated by

- physicochemical properties (lipophilicity)
- transporters (uptake, efflux)
- metabolism only or preferentially in target organ

### Cell Specificity, mediated by

- cellular metabolism
- intracellular degradation

### Other mechanisms of organ-specific action

- local application (eye, skin, lung, spinal cord)
- antibody conjugates
- target localisation
- target type (e.g. microorganism targets)

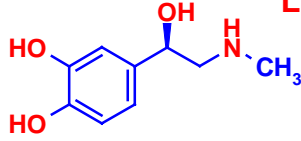


## Lipophilicity and Blood-Brain Barrier

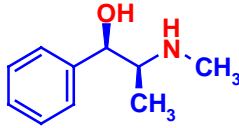
Polar Compounds

Lipophilic Compounds

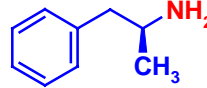
Intermediate Lipophilicity



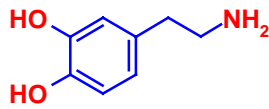
epinephrine



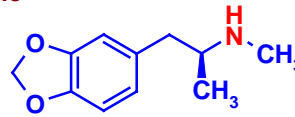
ephedrine



amphetamine (speed)



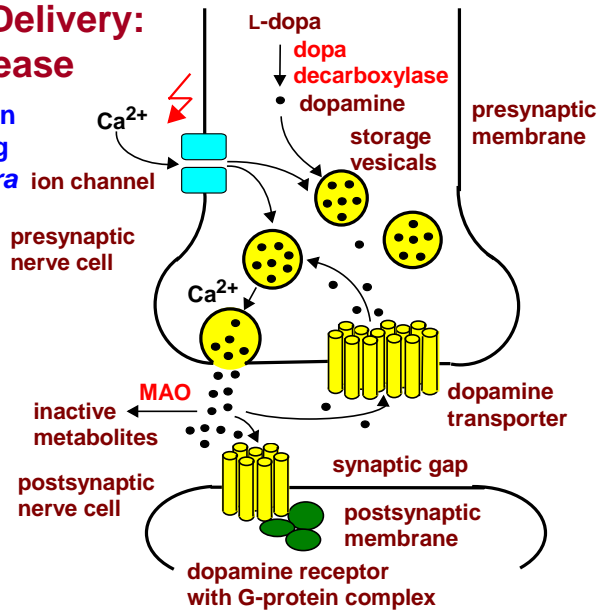
dopamine



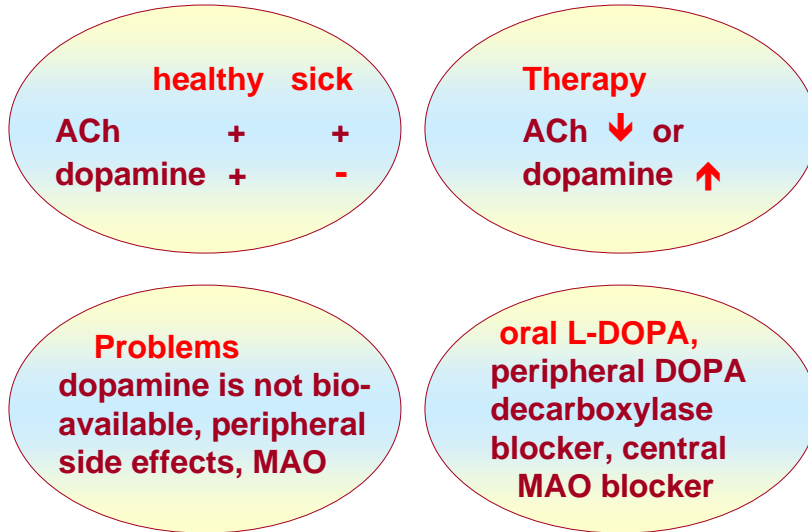
MDMA (Ecstasy, XTC)

## Organ-Specific Delivery: Parkinson's Disease

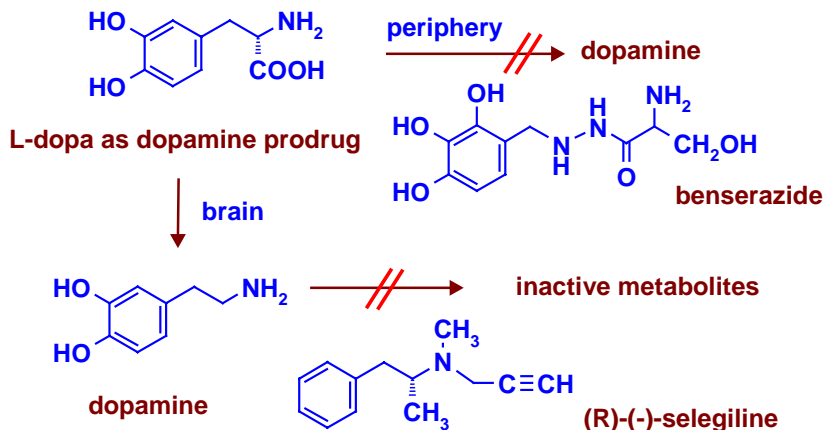
caused by degeneration of dopamine-producing cells in *Substantia nigra*



## A Rational Therapy of Parkinson's Disease

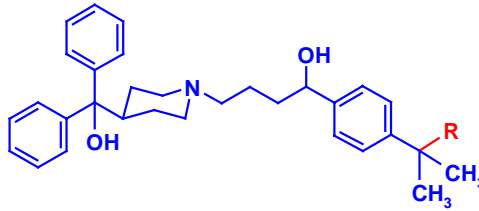


## Integrated Optimisation of Drug Therapy Dopamine Substitution in Parkinson's Disease



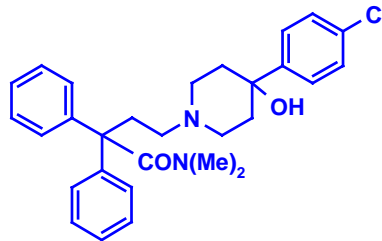
## Avoidance of CNS Effects by Active Efflux

**Terfenadine, R = CH<sub>3</sub>**  
lipophilic H<sub>1</sub> antagonist  
(no sedative side effect,  
due to active elimination  
by drug transporter)

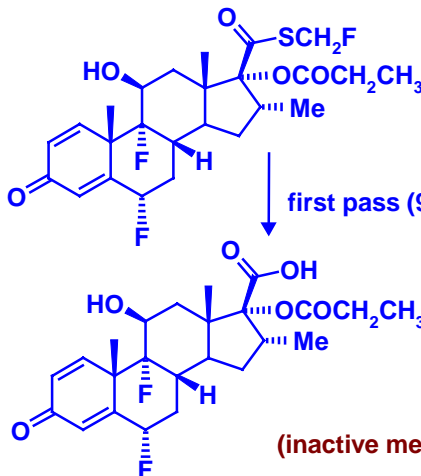


**Fexofenadine, R = COOH**  
active terfenadine metabolite

**Loperamide**  
antidiarrheic  
(opiate agonist without  
CNS activity)



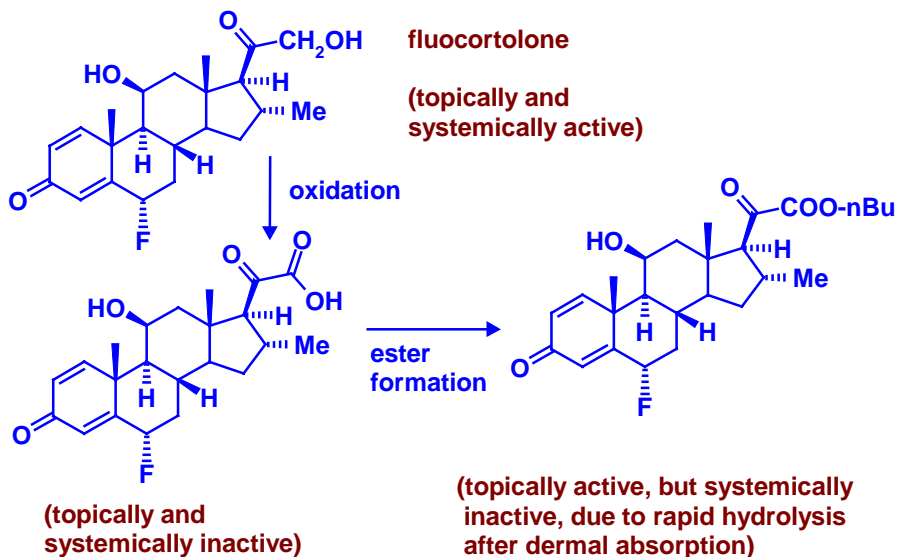
## Soft Drugs: Corticosteroid Esters



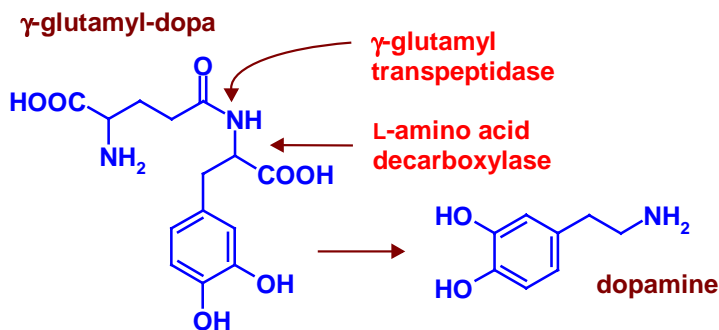
**fluticasone propionate**  
(Flonase; Advair, GSK)  
(inhalation; topically active  
in asthma treatment)

(inactive metabolite)

## Soft Drugs: Corticosteroid Esters



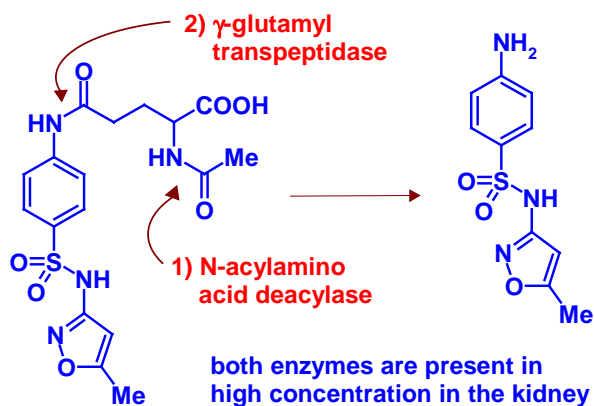
## Kidney-Selective Vasodilation



$\gamma$ -glutamyl derivatives of amino acids and peptides accumulate in the kidney, where they undergo selective metabolic activation

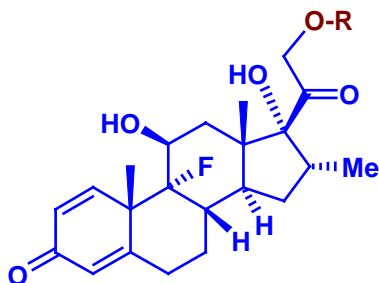
C. G. Wermuth, *The Practice of Medicinal Chemistry*, 3rd Edition, Elsevier/Academic Press, New York 2008, p. 729;  
S. D. J. Magnan et al., *J. Med. Chem.* **25**, 1018-1021 (1982)

## Kidney-Selective Release of the Antiinfective Sulfonamide Sulfamethoxazole



C. G. Wermuth, *The Practice of Medicinal Chemistry*, 3rd Edition, Elsevier/Academic Press, New York 2008, p. 729-730;  
M. Orłowski et al., *J. Pharmacol. Exp. Ther.* 212, 167-172 (1979)

## Colon-Selective Delivery of Corticosteroids in Inflammatory Bowel Disease

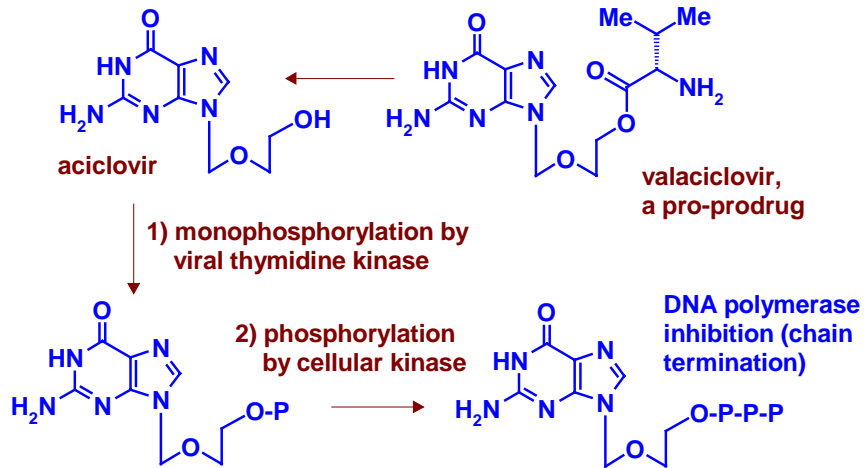


R = H, Dexamethasone  
oral dose almost exclusively absorbed in the intestine,  
only about 1% reach the cecum

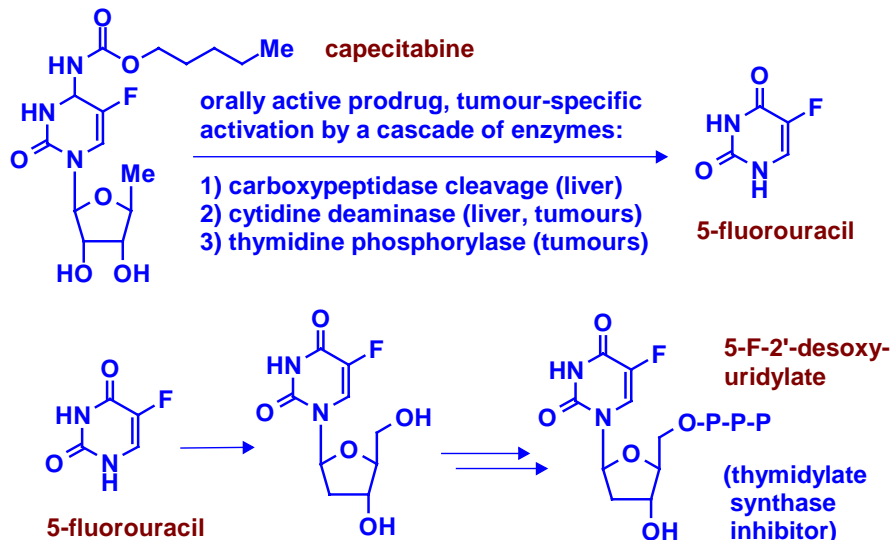
R = glucose, Dexamethasone-21 $\beta$ -D-glucoside  
cleaved by the colonic microflora, about 60% of the free steroid reach the cecum

C. G. Wermuth, *The Practice of Medicinal Chemistry*, 3rd Edition, Elsevier/Academic Press, New York 2008, p. 730;  
D. R. Friend and G. W. Chang, *J. Med. Chem.* 28, 51-57 (1985)

## Antiviral Prodrugs are Trojan Horses

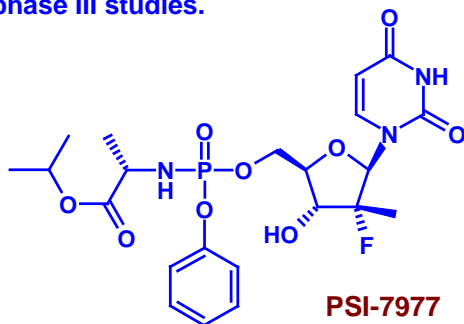


## Tumor Cell-Specific Trojan Horses



## Promising Prodrugs Are Expensive

In 2012, Gilead Sciences was going to pay 11 billion US-\$ for Pharmasset, a company with only 82 employees and no product in the market. However, they have PSI 7977 in early clinical phase III studies.



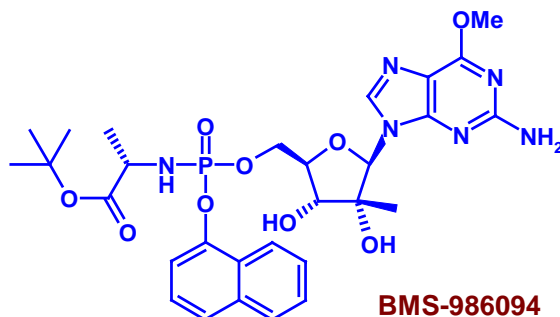
PSI-7977

tested in combination with Ribavirin, as the first oral treatment for hepatitis C.

M. J. Sofia et al., *J. Med. Chem.* **53**, 7202-7218 (2010);  
*Chem. & Eng. News*, November 28, 2011, p. 8.

## Why Drugs Are So Expensive

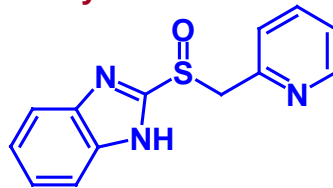
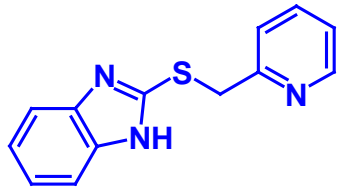
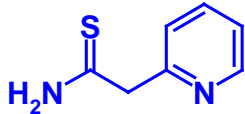
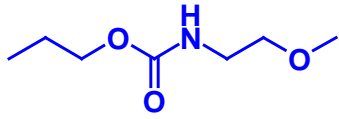
In January 2012, Bristol-Myers Squibb acquired Inhibitex for \$ 2.5 billion, to get access to an NS5b inhibitor for the potential treatment of hepatitis C. Because of a heart failure-associated death case in one patient and hospitalization of eight others, phase II clinical trials were terminated August 01, 2012.



BMS-986094

*Chem. & Eng. News*, Aug. 13, 2012, p. 8, and Sept. 03, 2012, p. 10.

## Omeprazole: A Cell-Specific Anti-Ulcer Agent



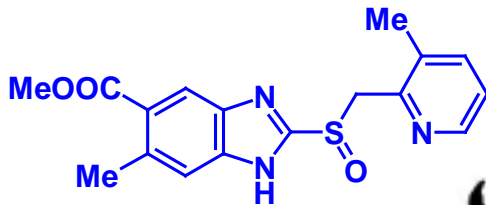
1966: Local anesthetics reduce gastric secretion (Hässle)

1966-1972: First lead

1972-1979: New lead pyridyl-acetamide (from screening of antiviral compounds)

Active analogs; metabolite with higher antisecretory activity

## Omeprazole Analog: Toxic or not Toxic?



Picoprazole, 1976 preclinical candidate

Tox study:



breeding dog Fabian

vasculitis

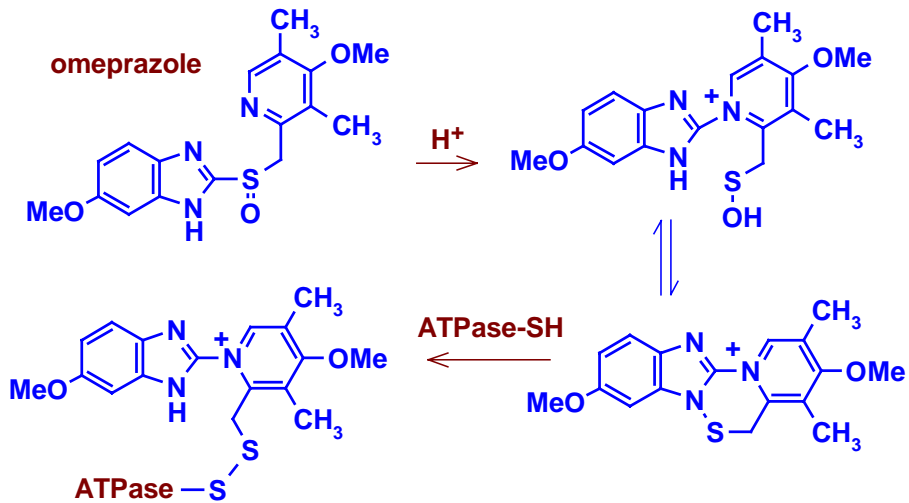


picoprazole group

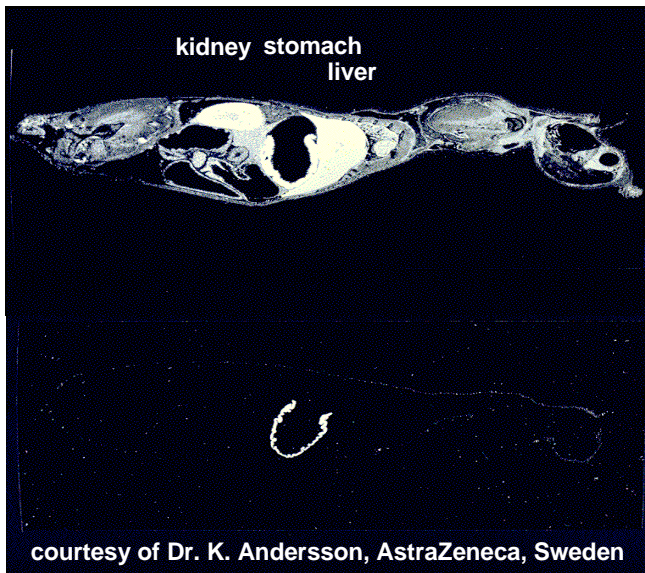
placebo group



## Drug Activation in Acid-Producing Cells - The Serendipitous Discovery of a Targeted Drug



## Omeprazole Activation in Acid-Producing Cells



Distribution of  
radio-labelled  
omeprazole,  
one minute after  
i.v. injection, rat

sixteen hours  
after i.v.  
injection, rat

## References

- J. Rautio, Prodrugs and Targeted Delivery - Towards Better ADME Properties (Volume 47 of Methods and Principles in Medicinal Chemistry, R. Mannhold, H. Kubinyi and G. Folkers, Eds.), Wiley-VCH, Weinheim, 2010.
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- K. Beaumont, R. Webster, I. Gardner and K. Dack, Design of ester prodrugs to enhance oral absorption of poorly permeable compounds: challenges to the discovery scientist, Curr. Drug Metab. 4, 461-485 (2003).